

YOGA COLLECTIVE

a teachers

six week

S E R I E S

with Isvari & Cheryl

begins

January 25th

Friday 9:30 - 11:30am

cost \$108

to

R E G I S T E R

via email

[info@atlyogacollective](mailto:info@atlyogacollective.com)

[.com](http://atlyogacollective.com)

or call

404-636-0000

leave a message

Do you want to be a better yoga teacher?

"How to make a good class great!"

Join Isvari Verre E-RYT 500 and Cheryl Crawford E-RYT 500, 2 of the most highly trained yoga teachers in Atlanta, for this 6-week mentoring program for yoga teachers with 200 hour certification from any style of yoga and help take your teaching to the next level.

We will work on:

- 1) alignment
- 2) sequencing and theming
- 3) yoga therapy
- 4) hands-on-adjustments
- 5) what to look for in your students poses to allow them to step more fully into their potential
- 6) taking the seat of the teacher and connecting to your students.

All classes will include an advanced practice.

Earns CE credit with Yoga Alliance.

